



BIRDSTON · DAY CARE ·

For the older person, particularly when living alone, it can often be hard to fill each day with stimulating activities and companionship. Birdston Day Care, which is supported by our caring trained staff, guarantees a friendly welcome in a homely environment, where stimulating company and outings are part of everyday life.



CENTRE LIFE

Birdston Day Care offers a modern, homely environment where clients can enjoy spending their day socialising with new friends in a choice of several cosy and high-quality rooms.

Our clients can experience being pampered at the hair salon, engage in a variety of activities, enjoy days out or relax with a choice of spa therapies. Tasty refreshments and a nutritious homemade lunch will also be provided throughout the day.

“ The staff are excellent and provide support both emotionally and physically. A variety of stimulating and fun activities are provided each day with something to suit everyone. ”



- Daughter of service user

ACTIVITIES

Remaining active is important to our clients' happiness and brings focus and stimulation to their day. Daily hobbies and events are planned for clients, including:

-  Exercise classes & chair aerobics
-  Entertainment & local community visits
-  Themed lunches & parties
-  Pet therapy & sensory activities
-  Shopping trips & excursions
-  Crafts & gardening





HOME FROM HOME

We want our clients' day to be as fulfilled as possible so we provide additional services to achieve this. There's typically no request we can't meet.



- Chiroprody, hairdressing and weekly wellbeing sessions
- Birthday and special celebrations
- Regular outings and theatre trips
- Seated outdoor heated smoking shelter
- Dietary requirements and preferences catered for
- Entertainers & visits from local community

Take a look at our social media channels:



pacificcare.co.uk

COME & VISIT

Located in Milton of Campsie, we are close to local amenities and easily accessed by public transport. Birdston Day Care is just five minutes from Kirkintilloch and 15 minutes from Glasgow. To arrange a visit or free trial day, contact our Day Care Manager who will be delighted to make arrangements for you.



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