

# Moving into Care

## 10 Step Guide

### **Q1. I think I may require permanent care - who will help me decide?**

Family Members, Social Worker, your Community Nurse (CPN), GP or any other attending professionals may assist you with the decisions.

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### **Q2. What do I do now?**

You or your family member, next of kin (NoK) should contact your local Social Work Department (SWD) and inform them that you would like to be assessed for permanent care.

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### **Q3. What happens next?**

The local SWD will assign a worker to your case and will arrange an appointment to commence a community care assessment. This assessment usually takes place in your home or in some cases in hospital.

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### **Q4. What does the social work assessment involve?**

The social worker will ask you about your personal circumstances and how you are coping and what you are finding difficult to do at home. This will help determine the level of care and support you require and may result in additional care at home or you being assessed as requiring nursing or residential care. A member of your family, Next of Kin or friend can be with you to offer support at this time.

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### **Q5. Will the social worker ask about my finances?**

Yes, a significant part of the assessment process is to determine how much public funding you will be entitled to. Presently the Scottish Government provide funding up to £163 per week for personal care and £237 per week for nursing care.

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### **Q6. How long does the assessment period take?**

A fair estimate is around 6-8 weeks however this can vary. The process can be helped if you have the required information (i.e. financial information such as pensions, bank statements etc) to hand when requested by the social worker.

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**Q7a. How do I know if I am self funding?**

Your social worker will inform you following the assessment. This is determined by your personal financial assets.

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**Q7b. Can I apply for further funding towards the cost?**

Yes - if you have been assessed as 'self funding' your social worker will provide an application form for 'Free Personal & Nursing Care'. This will determine what portion of free care you are entitled to. You will be informed by letter what your award is.

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**Q7c. Will I need to sell my house?**

Possibly, however your social worker will advise you about your finances.

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**Q8. After the assessment what happens next?**

The Social Work Department will inform you of any funding you may be entitled to. You will then be able to select a care home according to your needs.

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**Q9. How do I select a care home?**

Generally people make their decision to select a home based on the following criteria:

- A The location of the home: for ease of visiting for family and friends
- B Finance: the weekly cost of care
- C The quality of care and environment: visit the care home where possible. Information about recent inspections is available from [www.careinspectorate.com](http://www.careinspectorate.com)

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It is helpful to check the recent care home inspection reports and quality gradings which are available on the above website. You can visit your care home options with family and friends, who will be most welcome.

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**Q10. Do I need Power of Attorney (POA)? What is it?**

Power of Attorney is a legal form allowing a person or persons to act on your behalf to manage your affairs with your consent. You do not require a POA to live in a care home, this is a personal decision made by you.

Should you become unable through illness to look after your affairs then, unless you have signed a POA, your family will have no authority to access your finances or deal with your affairs, the state would then make decisions for you. You should discuss this option with your family to decide what is best.

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**For further information regarding our homes please call us on 0141 776 3355.**

Kintyre Care Home | Birdston Day Care  
Lillyburn Care Home | Stanely Park Care Home  
Coming soon to Linwood - Mosswood Care Home

**pacificcare.co.uk**

