



PACIFIC
· CARE ·



MOVING INTO CARE
WHAT YOU NEED TO KNOW



We understand that taking the decision to move into care can be a difficult and daunting task. It is important to take the time to ensure you have all the information you need. Our team is always on hand to assist you and answer any questions you may have.

1

I THINK I MAY REQUIRE PERMANENT CARE — WHO WILL HELP ME DECIDE?

Family members, your social worker, community nurse, GP or any other attending professionals may assist you with the decisions.



2

WHAT DO I DO NOW?

You or your family member, or next of kin should contact your local Social Work Department and inform them that you would like to be assessed for permanent care.



3

WHAT HAPPENS NEXT?

Your local Social Work Department will assign a worker to your case and will arrange an appointment to commence a community care assessment. This assessment usually takes place in your home or in some cases in hospital.



4

WHAT DOES THE SOCIAL WORK ASSESSMENT INVOLVE?

Your social worker will ask you about your personal circumstances, how you are coping, and what you are finding difficult to do at home. This will help determine the level of care and support you require. It may be that you just need additional care at home or you require nursing or residential care. A member of your family, next of kin or friend can be with you to offer support at this time.



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WILL THE SOCIAL WORKER ASK ABOUT MY FINANCES?

Yes, a significant part of the assessment process is to determine how much public funding you will be entitled to. Presently the Scottish Government provides funding for personal care and a higher rate per week if you require nursing care.



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HOW LONG DOES THE ASSESSMENT PERIOD TAKE?

A fair estimate is around 6–8 weeks however this can vary. The process will be easier if you have the required information (i.e. financial information such as pensions and bank statements) to hand when requested by the social worker.



HOW DO I KNOW IF I AM SELF-FUNDING?

Your social worker will inform you following the assessment. This is determined by your personal financial assets. Through means testing your maximum personal capital assets are agreed annually and if you exceed this amount you have to pay for all or part of your accommodation costs. It is worthwhile requesting a care funding plan quotation from a care fee consultant.

CAN I APPLY FOR FURTHER FUNDING TOWARDS THE COST?

Yes — if you have been assessed as self-funding your social worker will provide an application form for free personal and nursing care. This will determine what portion of free care you are entitled to. You will be informed by letter what your award is.

WILL I NEED TO SELL MY HOUSE?

Possibly, however your social worker will advise you about your finances.





8

AFTER THE ASSESSMENT WHAT HAPPENS NEXT?

The Social Work Department will inform you of any funding you may be entitled to. You will then be able to select a care home according to your needs.



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HOW DO I SELECT A CARE HOME?

Generally people make their decision to select a home based on the following criteria:

- 🌿 **The location of the home**
For ease of visiting for family and friends.
- 🌿 **Levels of care**
Some provide nursing or dementia care and others residential care. All care homes have to meet National Care Standards.
- 🌿 **Quality of care and environment**
All care homes are inspected at least annually and graded on quality themes. The reports are available on careinspectorate.com
- 🌿 **Finance**
The weekly cost of care.



DO I NEED POWER OF ATTORNEY?

Power of Attorney is a legal form allowing a person or persons to act on your behalf to manage your affairs with your consent. You do not require a Power of Attorney to live in a care home, this is a personal decision made by you.

Should you become unable to look after your affairs through illness then unless you have signed a Power of Attorney, your family will have no authority to access your finances or deal with your affairs and the state will then make decisions for you. You should discuss this option with your family to decide what is best.



We are happy to help...

For more information and advice, please visit pacificcare.co.uk



CARE THAT'S RIGHT FOR YOU

Pacific Care is a family-owned, award-winning care provider bringing together first class nursing home facilities and day care services for older people.



NURSING

Excellent accommodation and 24hr support. Consistently high Care Inspectorate Grades.



DEMENTIA

Our award-winning dementia care eases the tensions associated with living with dementia.



DAY CARE

Friendly environment where company, entertainment and outings are part of our daily schedule.



RESIDENTIAL

Care and companionship in a warm, calming and homely environment that enhances capabilities whilst supporting declining abilities.



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