



**BIRDSTON**  
**NURSING HOME**

*NHS Continuing Care*



[www.pacificcare.co.uk](http://www.pacificcare.co.uk)

**NHS**  
Greater Glasgow  
and Clyde



## *Working Together*

*Putting residents' needs  
at the heart of our Home*

Birdston Nursing Home is favourably located in Milton of Campsie. Close to all local amenities, the Home is five minutes from Kirkintilloch Town Centre and twenty minutes from Glasgow's City Centre.

Birdston Nursing Home is an NHS Continuing Care facility provided through a partnership agreement between NHS GGC and Pacific Care.

NHS GGC provide 24 hour specialised Nursing care alongside NHS Medical and Allied Health Professional staff. Pacific Care provide and manage Catering and Hotel services including the provision and maintenance of the building and grounds of Birdston Nursing Home with the united aim to provide a high standard of environment and nursing care within a friendly, relaxed atmosphere.

## Accommodation

Bedroom accommodation comprises of all single en-suite bedrooms which are tastefully furnished and equipped to a high standard. A choice of bathrooms and showers are at hand to suit all needs. Residents can choose to spend time in the attractive lounges or dining areas and can relax in several quiet areas. Smoking is prohibited within the Home, however there are two designated external smoking areas.

## Services

Birdston's Hotel Services staff cater for the needs of the residents by providing a quality catering, laundering and housekeeping service. All meals are prepared on the premises by a fully trained Chef, taking into account the needs and preferences of the residents in conjunction with the Dietician. All clothing is laundered on the premises and special laundering requests can be addressed. Our Housekeepers ensure that the home environment is kept clean and comfortable for residents to enjoy.

In addition, Birdston offers a weekly hairdressing service along with a wide range of activities and entertainment. Occupational Therapy staff provide a choice of engaging activities to maintain and enhance everyday living, and the Glasgow Advocacy Service with the Befriending and Voluntary Service have an on-going input to the Home having a direct impact upon the residents, their care and surroundings. Additionally, all residents' spiritual needs can be met, and home visits by clergy can be arranged.

*“Professional care in a warm and friendly environment”*

## Continuing Care

24 hour nursing care is delivered exclusively by NHS nursing staff professionally trained in caring for people with mental illness and dementia. NHS Consultant Psychiatrists continue to care for the residents throughout their admission and regular assessment takes place from Podiatrists, Physiotherapists, Occupational Therapists and Dieticians.

Within NHS Continuing Care there is an ongoing continuous assessment process and where needs change there is a possibility that care may require to be transferred to private nursing home care via referral to Social Work Services. During this transition, nursing staff will provide advice and support.



## Further information

The pathway to Birdston Nursing Home is via NHS GGC. Visits can be arranged for relatives of residents referred to the Home via the Senior Charge Nurses. If you would like any further information please contact the senior nursing staff.

Information on Catering or Hotel Services can be provided by contacting Pacific Care.

Birdston Nursing Home, Birdston Rd,  
Milton of Campsie G66 8BY

NHS

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E: Alison.Paterson@ggc.scot.nhs.uk

**Pacific Care**

T: 0141 776 3355

E: info@pacificcare.co.uk



## Care

*We know how much you care about your family and friends. Our residents demand and receive the utmost respect and care without question.*



  
**PACIFIC**Care<sup>ltd</sup>  
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